

Selection of cereals<sup>2,10</sup>, muesli<sup>2,10,14</sup>  $\varepsilon$  fruit salad.

Porridge<sup>2</sup> available on request

Fresh blueberries, local raspberries or strawberries, when available Selection of whole fruit

Low fat Scottish yoghurt 7,(10)

Croissants or Pain au chocolat 2,7(4,10,13)

Tea, herbal teas, hot chocolate, freshly brewed filter coffee, orange or apple juice.

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For a taste of the traditional, choose a selection of the following or have the works – a full Scottish;

- Free range egg<sup>4</sup> cooked to your requirements (from our own hens, you can't beat the taste!)
- Slow roasted tomato (with fresh basil for extra flavour)
- Fried mushrooms
- Potato Scone<sup>2</sup>
- Pork, beef or lorne Sausage\*\*2
- Grilled bacon\*\*
- (haggís\*\*2 ξ black pudding\*\*2 available on request)

## Specials include;

- Eggs Benedict<sup>2,4,7,13</sup>
- Scrambled eggs 4 & Smoked salmon 5
- Savoury or sweet pancake<sup>2,4,7</sup> towers with maple syrup

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Crusty brown or white bread  $^{2(4,7,13)}$  toasted and served with our homemade butter  $^{7}$  jam, marmalade and local honey.

